

Transitioning Youth Check List

Age Group	<u>Education Benchmarks</u>	Status
14	<ul style="list-style-type: none"> • Youth shall begin to participate in life skills classes and begin to acquire skills that are appropriate to his or her functioning level. • Youth in every school system understand graduation requirements. • Youth shall have basic literacy and numeracy skills (at least 5th grade proficient). • If applicable, youth shall have an appropriate identification of special education. • If applicable, an appropriate parent surrogate shall be identified for the youth. • Youth shall begin to obtain the needed student service learning hours towards graduation. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____
15 – 16	<ul style="list-style-type: none"> • Youth shall have a concrete plan detailing how he or she shall complete high school, earn a certificate of program completion, or obtain a GED, which includes specific steps to meet any gaps in required courses. Plans shall be signed by appropriate school personnel, parent, and youth and maintained in school records. • Youth shall have an awareness of colleges, trade school, or technical training and what is needed to reach goals. • Youth shall have an opportunity to participate in a driver’s education program. • Youth shall be assisted in obtaining a driver’s license or Maryland identification card. • Disconnected youth shall have an established re-engagement plan. • Youth shall be at or near grade level for reading and writing or have an IEP that specifically addresses literacy gaps. ** • Youth shall be at or on grade level for numeric skills or have an IEP that specifically addresses mathematical gaps. ** 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____
	<ul style="list-style-type: none"> • Youth shall obtain the necessary student service learning hours to graduate. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____

Transitioning Youth Check List

<p style="text-align: center;">17 - 18</p>	<ul style="list-style-type: none"> • Youth shall have a concrete plan for postsecondary education, employment and/or training. • Youth shall complete the Free Application for Federal Student Aid (FAFSA), if applicable. • Transition planning includes specific educational goals and financial assistance programs. • Youth shall understand how to utilize the Maryland Tuition Waiver and/or ETV (Educational Training Voucher.) • Youth shall enroll in college, or if not interested in college, shall take advantage of a vocation program that allows certifications to be earned. • Graduating youth shall understand their services needs and shall receive information on how to access Disability Support Services. • Youth shall register to vote and understand the voting process. 	<p><input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____</p> <p><input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____</p> <p><input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____</p> <p><input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____</p> <p><input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____</p> <p><input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____</p>
<p style="text-align: center;">19 - 21</p>	<ul style="list-style-type: none"> • Youth shall have access to postsecondary supportive services (e.g., financial aid, counseling, tutoring.) • Youth with disabilities exiting school shall be aware and engage with community supports. • Youth with disabilities shall be referred to Developmental Disabilities Administration (DDA), Department of Rehabilitation Services (DORS) or other services providers. ** 	<p><input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____</p> <p><input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____</p> <p><input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____</p>
<p style="text-align: center;">Age Group</p>	<p><u>Employment Benchmarks</u></p>	
<p style="text-align: center;">14</p>	<ul style="list-style-type: none"> • Youth shall obtain a work permit. • Youth shall begin to explore career interest. 	<p><input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____</p> <p><input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____</p>

Transitioning Youth Check List

15 - 16	<ul style="list-style-type: none"> • Youth shall receive assistance in the exploration of employment or occupational interests and the skills and/or training required for possible fields of interest. • Youth shall understand what minimum wage means. • Youth shall develop a realistic concept of the types of jobs available to the youth. • Youth shall explore options for summer employment. • Youth shall engage in some form of work experience, job shadowing or volunteer opportunity. • Youth shall be aware of appropriate attire for job interviews and work. • Youth shall understand how to access transportation to and from work. • Youth shall have a Maryland State ID or Lerner's Permit. ** • Youth shall enroll in Driver's Ed training and receive support and assistance in taking driver's test and obtaining a license.** 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____
17-18	<ul style="list-style-type: none"> • Youth shall have the opportunity to participate in an internship, externship or volunteer opportunity relevant to a career field of their choice. • Youth shall understand the opportunities that shall allow him or her to increase employment skills. • Youth shall be assisted in developing a resume. • Youth shall have had a least two summer jobs by the age of 18. • Youth with special needs shall be educated about employment and the services/resources available. • Youth shall be engaged in planning for employment that shall increase his or her earnings and marketable potential. • Youth shall receive assistance in enrolling in any desired occupational skills training. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____

Transitioning Youth Check List

19 - 21	<ul style="list-style-type: none"> • Youth shall continue to maintain progressive work experience within their chosen career path. • Youth shall understand unfair job practices and how to seek guidance. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____
Age Group	<u>Heath/Mental Health Benchmarks</u>	Status
14	<ul style="list-style-type: none"> • Youth shall participate in sessions on sexual relationships/sexual education. • Youth shall understand the risks associated with drug and alcohol use. • Youth shall understand the importance of preventive and routine health care. • Youth shall understand the importance of medications and proper administration. • Youth shall identify the providers he or she shall use. • Youth shall understand his or her diagnoses. • Youth shall have the skills to maintain good emotional and physical health. ** • Youth shall understand the importance of good hygiene. ** • Youth shall know how to care for minor illnesses. ** • Youth shall know and understand how to seek medical attention.** • Youth shall be able to communicate his or her needs to his or her therapist/psychiatrist. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____
15-16	<ul style="list-style-type: none"> • Youth shall be provided information and have an understanding of his or her medical conditions and family medical history. • Youth shall have an understanding of nutrition, a healthy diet and exercise. Youth shall be able to prepare basic meals. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____

Transitioning Youth Check List

15 - 16	<ul style="list-style-type: none"> • Youth shall understand the importance of maintaining medical records. • Youth shall be able to identify medical supports. • Youth shall understand safe and healthy relationships in regard to dating. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____
17 - 18	<ul style="list-style-type: none"> • Youth shall understand the importance of following through with medical care and appointments. • Youth shall be able to ask the doctor questions and obtain the information needed to understand his or her existing medical conditions. • Youth shall understand the importance of medical insurance and learn how to obtain services needed with their medical insurance. • Youth shall understand his or her rights. • Youth shall be able to identify and utilize community supports (e.g., counseling, crisis support.) • Disabled youth shall be referred to programs/services for additional assistance prior to exiting care. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____
19 - 21	<ul style="list-style-type: none"> • Youth shall understand how to obtain medical services upon leaving care. • Youth shall be aware of health care coverage options. • Youth shall understand how to manage his or her medical/health conditions. • Youth shall be able to identify the providers he or she shall use for health, dental, medical, etc. • Youth shall have his or her updated medical records and psychological/psychiatric evaluations upon exiting care. • Youth shall be assisted in applying for medical assistance, if necessary. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____

Transitioning Youth Check List

Age	<u>Housing Benchmarks</u>	Status
14	<ul style="list-style-type: none"> • Youth shall live in an approved, safe placement with a caring, competent adult. • Youth shall be living in the least restrictive environment consistent with their needs. ** • Youth shall demonstrate the ability to purchase items and understand the purchasing process – including cost, sales, tax and tips. • Youth shall participate in life-skills classes and begin to acquire age-appropriate skills. ** 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____
15 -16	<ul style="list-style-type: none"> • Youth shall be able to go shopping for food, prepare simple meals, budget for household expenses. • Youth shall be able to identify a “safe haven” for short stay housing. • Youth shall begin to acquire the necessary household items. • Youth shall be aware of the requirements for semi-independent living (SILA.) ** 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____
17 -18	<ul style="list-style-type: none"> • Youth shall be able to identify possible housing options, including prospective roommates and subsidized housing. • Youth shall have a “safety plan” if current housing fails and assistance with re-engaging family. • Youth shall understand tenant rights and tenant/landlord relationships. • Youth shall understand the importance of safety and who is allowed to enter his or her own personal space. • Youth shall possess the life skills needed to maintain an apartment and make some independent decisions. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____
19 – 21	<ul style="list-style-type: none"> • Youth shall possess the skills required to maintain housing, with support. • Youth shall be prepared for SILA or private vendors that provide independent living arrangements. • Youth shall have a plan developed that includes a budget and all services needed to maintain an apartment or home. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____

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	<ul style="list-style-type: none"> Youth shall have a well-defined plan for their living arrangement after they leave care. Youth shall be familiar with financial assistance and location resources. ** 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____
Age	<u>Financial Literacy Benchmarks</u>	Status
14	<ul style="list-style-type: none"> Youth shall have a bank account (checking and/or savings) and understand how to utilize services from the bank. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____
14	<ul style="list-style-type: none"> Youth shall demonstrate the ability to purchase items and understand the purchase process – including cost, sales tax and tip. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____
15 – 16	<ul style="list-style-type: none"> Youth shall be able to safely and effectively manage his or her money and establish alternatives to using check cashing services, payday lending, etc. Youth shall understand basic financial skills – checking/savings, loans/budgets, contracts and credit cards. Youth shall establish savings goals. Youth shall have a budgeted allowance. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____
17 - 18	<ul style="list-style-type: none"> Youth shall have a basic knowledge of entitlement programs, qualifications and how to apply/receive assistance with application for Social Security Insurance (SSI), Medical Assistance (MA), Temporary Assistance for Needy Families (TANF), Temporary Cash Assistance (TCA), Women, Infants and Children (WIC), etc. Youth shall obtain a free credit report. Youth shall understand how to avoid identify theft or correct it. Youth shall understand the benefits of remaining in care until the age of 21. He or she understands the policies, eligibility requirements, and supportive services of After Care Services that he or she can receive if leaving care prior to age 21. Youth shall obtain his or her original birth certificate and social security card. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____
19-21	<ul style="list-style-type: none"> Youth shall understand the importance of savings and financial investments. Youth shall establish and maintain a financial cushion and is able to maintain a savings account. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____

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19 - 21	<ul style="list-style-type: none"> Youth shall understand the need for budgeting funds and shall demonstrate the ability to manage money. Youth shall understand budget management, priority spending and the income sources that can be used to supplement his or her expenses. Youth shall be able to maintain a savings account. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____
Age	<u>Family & Friends Support Benchmarks</u>	Status
14	<ul style="list-style-type: none"> Youth shall have an understanding of positive, safe relationships. Youth shall develop a photo history. Youth shall be assisted in developing a genogram (family/kinship tree.) Youth has a healthy connection with at least one peer. ** Youth shall have a positive connection to at least one adult outside the child welfare system. ** Youth shall have the opportunity to create, maintain and strengthen supportive relationships with foster families, parents, siblings, and fictive kin. ** Youth shall have a healthy sense of ethnicity, cultural identify and personal identity. ** 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____
15-16	<ul style="list-style-type: none"> Youth shall identify appropriate, committed adult supports. Youth shall understand the importance of developing lifelong relationships with caring adults. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____
17 – 18	<ul style="list-style-type: none"> Youth shall have a community resource guide. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____
19 - 21	<ul style="list-style-type: none"> If applicable, youth shall obtain adequate child-care services. A Ready by 21 Family Involvement Meeting (FIM) shall be held to identify appropriate supports. ** If desired, youth shall learn how to positively develop relationships with his or her family of origin. 	<input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____ <input type="checkbox"/> Complete <input type="checkbox"/> In-Progress Notes _____

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